

OMG...It's Gluten Free
Baked Goods | Entrees | Pizza



Gluten-Free Blueberry Muffin

NUTRITIONAL INFORMATION & INGREDIENT LIST

MATERIAL FIELD	DATA INFORMATION NEEDED
Plant Name:	OMG... It's Gluten Free
Address:	10319 Vans Drive Unit A., Frankfort, IL. 60423
ITEM Name:	Blueberry Muffin
BRAND	OMG... It's Gluten Free
GTIN- UNIT	00855398003054
GTIN/UPC -CASE	10855398003051
Unit size:	5 oz.
Pack description:	12 / Individual Sealed 5 oz muffins in printed bags
GROSS WEIGHT:	4.69 lb.
NET WEIGHT:	3.75 lb.
Case LENGTH:	15"
Case WIDTH:	10.93"
Case HEIGHT:	3.5"
MANUFACTURER/TRUE VENDOR	OMG... It's Gluten Free LLC
MANUFACTURER PRODUCT CODE	3051
CATCH WEIGHT (YES/NO)	NO
Storage and distribution	Frozen
VENDOR TI	10
VENDOR HI	15
VENDOR TOTAL SHELF LIFE	180 Days Frozen
Intended Use:	*Foodservice- General Public. *Gluten Intolerant and Celiac persons
Shelf Life:	180 days frozen 5 Days Refrigerated and/or ambient
Labeling Instructions:	*Contains: Egg, Milk Free of: Wheat, Tree Nuts, Peanuts, Soy
Product Description:	Fully baked muffins, individually sealed. Perfect for thaw and eat/heat application.

Nutrition Facts	
2 servings per container	
Serving size	1/2 muffin (71g)
Amount per serving	220
Calories	% Daily Value*
Total Fat 9g	12%
Saturated Fat 6g	28%
Trans Fat 0g	
Cholesterol 55mg	18%
Sodium 160mg	7%
Total Carbohydrate 33g	12%
Dietary Fiber 1g	3%
Total Sugars 19g	
Includes 19g Added Sugars	38%
Protein 2g	
Vitamin D 0.3mcg	0%
Calcium 14mg	0%
Iron 0.2mg	0%
Potassium 15mg	0%
* The % Daily Values (DV) tells you how much a nutrient in a serving contributes to a daily diet. 2000 calories a day is used for general nutrition advice.	
Ingredients: Cane Sugar, Gluten Free All Purpose Flour (rice flour, corn starch, tapioca dextrin, xanthan gum, rice extract), Blueberries, Pasteurized Egg (whole egg, citric acid, .1% water added as a carrier for citric acid), Butter (cream, natural flavoring), All Natural Sour Cream (cultured cream, enzymes), Vanilla Bean Paste (sugar, water, vanilla extract, vanilla beans, gum tragacanth), Lemon Zest, Salt, Baking Powder (sodium acid pyrophosphate, sodium bicarbonate, corn starch, monocalcium phosphate), Pure Lemon Extract (alcohol [90%], natural oil of lemon, water), Sodium Bicarbonate	
Contains: Eggs, Milk	